



# Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

## Advanced Offensive Skills Training Camp – Sioux Falls

### Camp Date: July 8-10

Location: Avera Sports Center – 209 E Anchor Lane, Sioux Falls, SD 57108

#### Session 1: Cost- \$165 8th – 12th grade boys

**Day 1:** Tuesday, July 8..... 9 a.m. – noon  
**Day 2:** Wednesday, July 9 ..... 8:00 – 10:00 a.m.  
OR 10:15 – 12:15 p.m.  
**Day 3:** Thursday, July 10 ..... 9 a.m. – noon

#### Session 2: Cost- \$165 8th – 12th grade girls

**Day 1:** Tuesday, July 8..... 1:00 – 4:00 p.m.  
**Day 2:** Wednesday, July 9 ..... 1:00 – 3:00 p.m.  
OR 3:15-5:15 p.m.  
**Day 3:** Thursday, July 10 ..... 1:00 – 4:00 p.m.

On day 2 sessions are broken into two smaller groups to allow for the shooting program, shooting instruction and shooting drills. **Athletes will attend one of the shooting sessions on day 2.** Your group and time will be determined on the first day.

#### Camp Overview:

The Warwick Workout Advanced Offensive Skills Camp is designed for players looking to enhance and expand their skill set. Coach Shane Warwick and his staff will work with players to excel in their respective positions through intense instruction. The camp has a session focused on shooting, including the shooting program and drills, such as heat shooting, magic shooting, warrior shooting and fast-break shooting. Advanced ball handling concepts are also taught throughout the camp.

#### Camp Features:

- Post and perimeter moves currently used by college and NBA players
- Shooting instruction and development
- Footwork and shot preparation
- Creating space to score
- Advanced ball handling concepts
- Face-up and drop-step power moves
- Pre-practice routine

#### Each Camper Receives:

- Warwick Workout basketball shorts
- Two Warwick Workout T-shirts
- Water bottle

Camp directed by Shane Warwick.

For more information, visit our website at [WarwickWorkouts.com](http://WarwickWorkouts.com), or contact us at 605-391-6653 or [warwickworkouts@gmail.com](mailto:warwickworkouts@gmail.com)

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@warwickworkouts

## Camp Director:

### Shane Warwick

Coach Warwick has spent the past 10 years focusing on player development with an emphasis on advanced offensive skills through camps and clinics with Warwick Workouts. Shane works with elementary, middle and high school athletes throughout the U.S. and overseas. He has also worked with college programs, and individual collegiate and professional athletes. He is regarded as the best personal workout instructor in the nation by Reggie Brown of Priority Sports in Chicago, Ill.

## Advanced Offensive Skills Camp Trainers:

Cody Schilling  
Kristin Rotert

David Nour  
Jake Holen

Contact Kris Warwick with any camp questions  
(605) 391-6700      warwickworkouts@gmail.com

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## Sioux Falls Offensive Skills Camp Registration

To register, please send registration  
and full camp payment to 

Avera Sports Center  
C/O Warwick Workouts  
209 W. Anchor Lane  
Sioux Falls, SD 57108

Please make checks payable to: Avera Sports Center

Name of athlete \_\_\_\_\_ Grade \_\_\_\_\_

Session 1 (8th-12th grade boys) \$165       Session 2 (8th-12th grade girls) \$165

Parent name \_\_\_\_\_

Contact number \_\_\_\_\_

Email address \_\_\_\_\_

**Sioux Falls Offensive Skills  
Training Camp: 8th - 12th Grade  
Camp Date: July 8-10**

### Camp Waiver and Medical Insurance Information

All camp athletes must have a family medical insurance policy. This information must be provided on this registration form. I/we hereby request that you accept the application of \_\_\_\_\_ (athlete) in the Warwick Workouts Basketball Camp during the dates set forth in this application and in consideration of your acceptance, I/we hereby release Avera, all camp coaches, any camp sponsors and all their employees and agents from claims on account of any injuries which may be sustained by my/our child while attending the camp, and my/our claims hereafter may be presented by my/our child as a result of any such injuries. I/we also certify that he/she is medically fit to participate in this camp. If an emergency arises, I/we release my/our child to receive emergency medical treatment and authorize releasing any information needed to file a medical insurance claim. Warwick Workouts Basketball Camp, coaches and sponsors are not responsible for lost or stolen items.

Medical insurance company and policy number \_\_\_\_\_

Parent signature \_\_\_\_\_

Date \_\_\_\_\_